BODIES

A zine curated and created by OSUs TRIOTA.
sometimes I feel on display

even though I'm alone in my room

-Avery Oberfield
ENTHUSIASTIC YES is a piece created by Danni Patterson and edited by Gabby Anthony which is meant to articulate how deep roots of misogyny allow for cultural messages about sex to still overpower individual understandings of empowered consent.
I'm tired
Not right now
I'm not sure
I don't feel like it
This doesn't feel right
Maybe later
I changed my mind
I don't know
Stop

If it's not an enthusiastic yes, it's a no!
MY MOM HAD TAUGHT ME I COULD SAY NO BUT I HAD ALSO CONSISTENTLY HEARD...

So, what do you think my small, unsure self did when he just kept going?
MADE TO FEEL

Writing/ Creative Direction: Zoe Shook
Collage Pieces: Zoe Shook and Kamlin Nisch Quan

MADE TO FEEL is a collaborative collage piece created by Zoe Shook and Kamlin Nisch Quan which is meant to illustrate the way we as women feel society pressures us to feel via the media. It explores expectations society sets on women (and all people with uteruses) and is meant to spark discussion and awareness of these expectations.
because your body is soft

PERFECT

her future husband

pretty pink

Hot

Female
gentle,

RULE 13: SHUT YOUR DANG MOUTH!
The media is yelling at me to feel.

When I open my phone, I am made to feel small.

I am made to feel soft. I am made to feel quiet.

I must be the ideal image for everyone else.

I am made to feel sexual, that my body is for others. Never for me.

I am made to feel like a prize.

I am made to feel like all eyes on are me and that I must not disappoint.

I am made to feel like I need to be ideal for everyone else.

I am nothing more than what my body does.

I am made to feel stupid. Submissive. Below.

I am made to feel like I must know my place and never leave it.

STOP

MAKING ME FEEL
Body Modification Trends of the Future

Thank You for Viewing

Enjoy the Bodies of Triota
Triota wishes to amplify resources in the state of Ohio, the city of Columbus, and three surrounding counties. This section aligns with the theme of the Zine as it represents the importance of taking care of one's body. All of the resources beyond this point amplify a person's right to competent reproductive health care, and positive community. In order for someone to have a positive relationship with their body, they must have full access to the resources that allow them to live a life free from the judgement of others.
WOMEN HAVE OPTIONS

The mission of Women Have Options is simple – to connect those needing abortion to financial assistance so they can afford their reproductive choice. And just as importantly, it allows them to access that choice with dignity. Our current system tells those seeking abortion services, implicitly and explicitly, that if they cannot afford their choice, they do not deserve to have one. As supporters of Women Have Options, you’re not just providing financial assistance, but you are telling those in need that they deserve this support.

HTTPS://WWW.WOMENHAVEOPTIONS.ORG/HELP
(614) 300-7811

PRO-CHOICE OHIO

Pro-Choice Ohio believes that all women should have the right to make their own personal decisions about their reproductive health care and that abortion should be a safe and legal option for all.

WWW.PROCHOICEOHIO.ORG/CLINICS/
COLUMBUS OFFICE; (614) 221-2594
CLEVELAND OFFICE; (216) 283-2180

PRETERM

PreTerm provides abortion care and other sexual health services such as birth control options, STD testing and treatment, and wellness care. Our staff is dedicated to providing the highest quality healthcare, with compassion and without judgment.

HTTPS://WWW.PRETERM.ORG/
CLEVELAND CENTER (216)-991-4000
THIS LINK OFFERS AFFILIATE RESOURCES
HTTPS://WWW.PRETERM.ORG/RESOURCES

PLANNED PARENTHOOD

Planned Parenthood is one of the nation’s leading providers of high-quality, affordable health care, and the nation’s largest provider of sex education. With or without insurance, you can always come to us for your health care.

CINCINNATI CENTER: (513)-287-6488
COLUMBUS CENTER: (800) 230-7526
COLUMBUS RESOURCES

LEGITIMATE ABORTION RESOURCES IN COLUMBUS:

YOUR CHOICE HEALTHCARE LLC
We make choices accessible and affordable. Our staff physicians are able to provide abortion pills, birth control, and emergency contraception.
www.yourchoicecbus.com
(614) 927 0500

NORTHEAST OHIO WOMEN'S CENTER
Nearly every member of our staff and our physicians have worked for other area clinics and abortion service providers. We chose to open the Northeast Ohio Women’s Center because we want to help women make the right choices about parenthood while understanding that every woman’s story is different. Every patient deserves an experienced ob-gyn physician with a compassionate pro-choice staff, in a calm and supportive environment.
https://northeastohioabortion.com/

PLANNED PARENTHOOD OF GREATER OHIO
At Planned Parenthood our mission is to ensure all people have access to the care and resources they need to make informed decisions about their bodies, their lives, and their futures. Each year, Planned Parenthood delivers vital sexual and reproductive health care, sex education, and information to millions of people.
https://www.plannedparenthood.org/planned-parenthood-greater-ohio

BLACK QUEER & INTERSECTIONAL COLLECTIVE
Black Queer & Intersectional Collective is a grassroots community organization in Central Ohio that works towards the liberation of Black LGBTQIA+ people from all walks of life through direct action, community organizing, education on our issues, and creating spaces to uplift our voices.
https://bqic.net/
COLUMBUS RESOURCES

MUTUAL AID, DIRECTION ACTION, HARM REDUCTION: @MASS.OHIO ON INSTAGRAM

KALEIDOSCOPE YOUTH CENTER
LBGTQ+ Youth Center
603 East Town Street, Columbus, Ohio, 43215
(614) 294-5437
HTTP://WWW.KYCOHIO.ORG/

STONEWALL COLUMBUS
LGBTQ+ Center
1160 North High Street, Columbus, Ohio 43201
(614) 299-7764
HTTPS://STONEWALLCOLUMBUS.ORG/

EQUITAS HEALTH
Offers free anonymous HIV/AIDS testing and free testing for other STDs
1105 Schrock Road, Suite 400, Columbus, Ohio 43229
(614) 299-2437
HTTPS://EQUITASHEALTH.COM/
As we enter into resources in surrounding counties we would like to acknowledge the reality of conservative counties and how there is often a limited amount of reproductive healthcare options.

Oftentimes in these communities, reproductive healthcare is an underground system and individuals have to find trustworthy people who can lead them in the right direction.

We’d also like to bring awareness to those who are not given the ability to choose, in that instance, we want to remind them that it's not their fault and that there are many people in the same position.

Hopefully these resources find you.

Statement by members of Triota 2022
**TURNING POINT**

All of Turning Point’s services are free of charge and confidential. Services are available to any victim regardless of race, color, religion, gender, sexual orientation, national origin, age, disability, marital status, amnesty, or status as a covered veteran in accordance with applicable federal, state, and local laws, including victims of federal crimes. Turning Point is committed to being a Safe Zone, part of the visible network of LGBTQI allies. LEP/Deaf/Hard of Hearing Services are available. 24/7 texting service available please type turning point, turningpoint, tphelp, or turning to 20121.

https://www.turningpoint6.org/

**OHIO HEARTLAND COMMUNITY ACTION COMMISSION**

Providing resources across Marion, Morrow, Richland, and Crawford Counties, the Ohio Heartland Community Action Commission is one of the region’s leading non-profit organizations that is focused on the needs of the poor and low-income. They also provide help to the unemployed, seniors, and disabled.

www.needhelppayingbills.com

**FINDHELP.ORG**

Search and connect to support. Financial assistance, food pantries, medical care, and other free or reduced-cost help starts here

https://www.findhelp.org/

**MARION PUBLIC HEALTH**

Our mission is to create a culture of health by providing all people with the opportunity to reach their greatest health potential at every stage of life. Marion Public Health offers medical care for men and women and teens for sexual and reproductive health medical services.

https://marionpublichealth.org/hiv-testing/

MARION (740) 387 6520

**HERE FOR YOU**

This resource offers a large number of health care options for adults and teens at zero or low cost. These services include regular check-ups and a large amount of sexual and reproductive health services including Birth control and emergency contraception, Breast cancer screening and mammogram referrals, Pap smears with HPV testing, HIV testing, HPV vaccinations, etc.

https://here4ucentralohio.org/

MARION CALL (937) 642–2053 | TOLL FREE (888) 333–9461
MORROW COUNTY RESOURCES

UNITED WAY OF MORROW COUNTY

United Way of Morrow County is a human services leader whose vision is to improve people’s lives. Our mission is to build bridges between people who want to help and people who need help. We rely on our experienced volunteers, loyal donors, effective member agencies, and dedicated staff to help us realize our mission.

www.unitedwayofmorrowcounty.org

MORROW COUNTY BOARD OF DEVELOPMENTAL DISABILITIES

Our organization serves infants through senior citizens with developmental disabilities living in Morrow County. Each person has different abilities, unique needs, priorities, and life goals. We provide these services as efficiently and effectively as possible, always striving to be good stewards of the public funds we receive.

www.morrowdd.com

OHIO HEARTLAND COMMUNITY ACTION COMMISSION PROGRAMS

Providing resources across Marion, Morrow, Richland, and Crawford Counties, the Ohio Heartland Community Action Commission is one of the region’s leading non-profit organizations that is focused on the needs of the poor and low-income. They also provide help to the unemployed, seniors, and disabled.

www.needhelppayingbills.com
**Delaware Ohio Pride**

Delaware Ohio Pride is an organization dedicated to creating a safe, diverse, and inclusive environment for the LGBTQ+ and Allied members of Delaware County. We organize programs and events that provide resources and education about LGBTQ+ topics. We partner with and promote local businesses and organizations that support the LGBTQ+ community.

[https://www.delawareohiopride.org/](https://www.delawareohiopride.org/)

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**WIC – Delaware Public Health District**

Organization for new and current mothers; gives classes on latching and helps provide resources like food, rent, and health care. Has offices in both Morrow & Sunbury

I will write about privilege and oppression until my hands bleed.

-Avery Oberfield
CONTRIBUTORS

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SHE/HER

HOPE REGALO
SHE/HER

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SHE/HER

avery oberfield
THEY/HE

Jackson Stotlar
HE/HIM

Cover + Contributors page by Zoe 🌞
We find community and peace in our pets, and we would like to share with you a look into how meaningful they are to us. Each photo depicts a pet that belongs to a contributor of this zine. We hope you enjoy the next page as much as we do!

Dedication by Kelsey Lowman
Pets Page by Danni Patterson
Sponsored by our non-human bodied friends

THE PETS OF TRIOTA